

Innovative Solutions for Child Mental Health: Lessons from Greece

Laurance Menetian
Psychologist – Scientific Manager of Day Center
«House of the Child»
Organization “Smile of the Child”



Society's
greatness is
measured by
how it
intervenes for
its children



Children's well-being does not begin with a removal from the abusive environment but continues in how and where the child is supported and cared for after removal.

S. Dedotsi

*Assistant Professor at the
Department of Social Work,
University of West Attica, Greece*



Secondary Victimisation Factors

Nonspecialized services

Understaffed social and community services

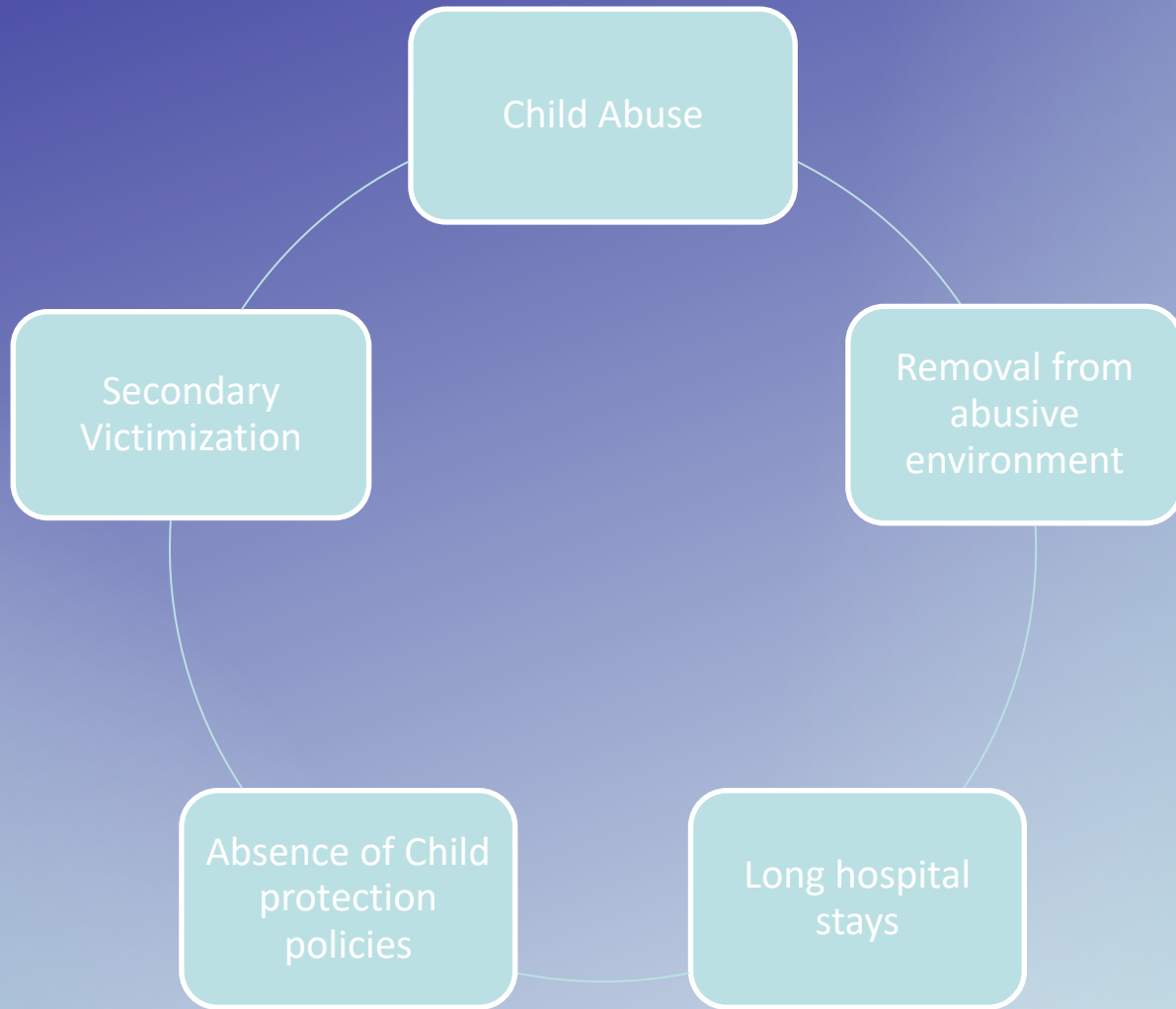
Absence of substantial and systematic staff training

Fragmentation of the responsibilities of the services provided

Delays in conducting social investigations

Long hospital stays





Smile of the Child

PREVENTION

Helplines /
Hotlines

Awareness
Raising at Schools

Preventive
Medicine



Smile of the child



INTERVENTION

- Helplines
- Homes / Day Care Homes
- Direct Intervention
- Missing Alert Hellas/
Amber Alert Hellas
- Search & Rescue | Team
for Missing Children
- Mobile Units / Medical
Units
- Social Support



Therapy: Day Center “House of the Child”

- Specialized service, unique in Greece and pioneering at European and international level -
Operating since 2015 -
Funded by the Ministry of Health (Mental Health Directorate)



Day Center Services – Therapeutic Approaches

Parental Counselling

Individual
Psychotherapy

Behavioural therapies

Family Therapy

Parent Training
Programms

Interventions for the
treatment of speech
disorders- Speech and
Language Therapy

Interventions to address
learning disorders -
Special Learning Program

Interventions for the
treatment of gross & fine
motor disorders and
motor coordination
disorders - Occupational
Therapy

Drug Therapy



What can be done?

- ✓ Prevention (primary, secondary, tertiary)
- ✓ Training of frontline professionals and child protection workers
- ✓ Staffing and interconnection of all services
- ✓ Child-centered methods for the prevention and treatment of child abuse
- ✓ Ongoing comprehensive support for abused children and their families
- ✓ Health services free of charge and accessible to minors
- ✓ Information and awareness-raising in society



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Thank you

